**STRUCTURED MEDICATION REVIEW**

**INFORMATION FOR PATIENTS**

**WHAT IS A STRUCTURED MEDICATION REVIEW?**

A structured medication review is a chance for you to discuss your medication and ensure that you are getting the best from the medicines that are prescribed for you.

You can speak openly about any concerns you may have about your medicines and the person conducting the medication review will listen to you. A record of the meeting will be added to your medical notes.

**BENEFITS OF ATTENDING A STRUCTURED MEDICATION REVIEW**

You will have the opportunity to:

* Find out more about your condition(s) and medicines(s)
* Tell a health professional how you feel about your treatment
* Ask if you are taking the most appropriate medicines for your illness and how best to take your medicines

**HOW TO PREPARE FOR YOUR MEDICATION REVIEW:**

When attending for your structured medication review please bring along:

* All medication that is prescribed for you
* Any medicines that you buy over the counter from the pharmacy or supermarket or other stores e.g. painkillers, herbal medicines, vitamins etc.
* Any medicines that you no longer take.

Make a list of questions that you may have about your medicines.

Some question that you may wish to consider:

* Why is it important for me to take this medicine(s)?
* When and how do I to take the medicine(s)?
* How long do I need to take this medicine for?
* What should I do if I have problems with the medicine?
* Are there any medicines or food that I should avoid taking whilst on these medicine(s)?
* What will happen if I miss a dose of the medicine or stop taking it?

Tests may be performed during or before the medication review to determine whether the medicine is working (e.g. blood pressure checks during the medication review or blood test prior to your medication review). Monitoring may be necessary for the type of medication that you are on.

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| Write your own questions and concerns here: |

**AFTER YOUR STRUCTURED MEDICATION REVIEW:**

* Your regular GP will be informed of any medication changes agreed by you at the meeting.
* A summary of the meeting will be documented in your medical record.
* Any tests or referrals to other health care professionals if required will be agreed and acted upon.