

What is WorkWell?

WorkWell is a free, voluntary programme that helps people who may be struggling to find or retain a job due to a health need or a disability. The service aims to help people to improve their health and get the job that is right for them. You do not need to be in receipt of any government benefits to access the support.

What services are included?

A Work and Health coach will talk to you about what you need and help you to find the right support. They can connect you with different services, like health professionals and community groups. WorkWell aims to help all participants to improve their health and find the job that suits you.

We will work with you to develop your personalised health and employment plan. We will help you to achieve your goals with the support from our team of clinicians and practitioners with expertise in mental health, muscular skeletal conditions, occupational therapy, physiotherapy, social prescribing and employment support.

We can help you to access low level interventions such as physiotherapy or talking therapies to help address any health conditions that might be preventing you from working.



WorkWell

Supporting people with a health condition or a disability in East Birmingham and North Solihull to start, return to, or stay in work.



Who is eligible?

WorkWell is for people in East Birmingham and North Solihull. Specifically, people who live or have a GP registered in the following wards:

Alum Rock, Bickenhill (part), Bordesley Green, Bordesley & Highgate, Bromford and Hodge Hill, Castle Bromwich, Castle Vale, Chelmsley Wood, Garretts Green, Gravelly Hill, Glebe Farm and Tile Cross Heartlands, Kingshurst & Fordbridge, Nechells, Pye Hayes, Shard End, Sheldon, Small Heath, Smiths Wood, South Yardley, Sparkbrook and Balsall Heath East, Tyseley & Hay Mills, Ward End, Yardley East, Yardley West and Stechford.



How do I access the service?

If you would like to access the service, you can refer yourself using an online form available at www.elementalsoftware.site/workwell/self-refer or just scan the QR code at the bottom of each page of this leaflet. **You can also ask your GP to refer you.**

What happens after I submit a referral form?

Once your referral is received, our central team will make sure that you are allocated support from a work and health coach near to you. Depending on where you live in East Birmingham or North Solihull you will be contacted by a coach from one of our four community delivery partners:-

- **Birmingham Disability Resource Centre** (serving Shard End & Kitts Green and Birmingham East Central Primary Care Networks)
- **Sāhēlī Hub** (serving Washwood Heath & Nechells and Saltley & Alum Rock Primary Care Networks)
- **Better Pathways** (Serving Small Heath and Bordesley East Primary Care Networks)
- **Colebridge Trust** (Serving North Solihull Primary Care Network)

How long will it take to be seen?

Once we receive your referral this will be allocated to your local delivery provider who will contact you within two days of receiving your request for support.

Where can I find out more?

Visit the Birmingham and Solihull Integrated Care System website at www.birminghamssolihullics.org.uk/our-initiatives/workwell to find out more. Or, You can get in touch with us by emailing the Workwell inbox at nhsbsolicb.workwell@nhs.net with any queries.

Our Partners

The service has been designed with a local focus, specifically for residents in the eligible wards. Birmingham City Council, Solihull Metropolitan Borough Council, West Midlands Combined Authority and the Department for Work and Pensions are all supporting the delivery of this initiative. Funded by UK Government.